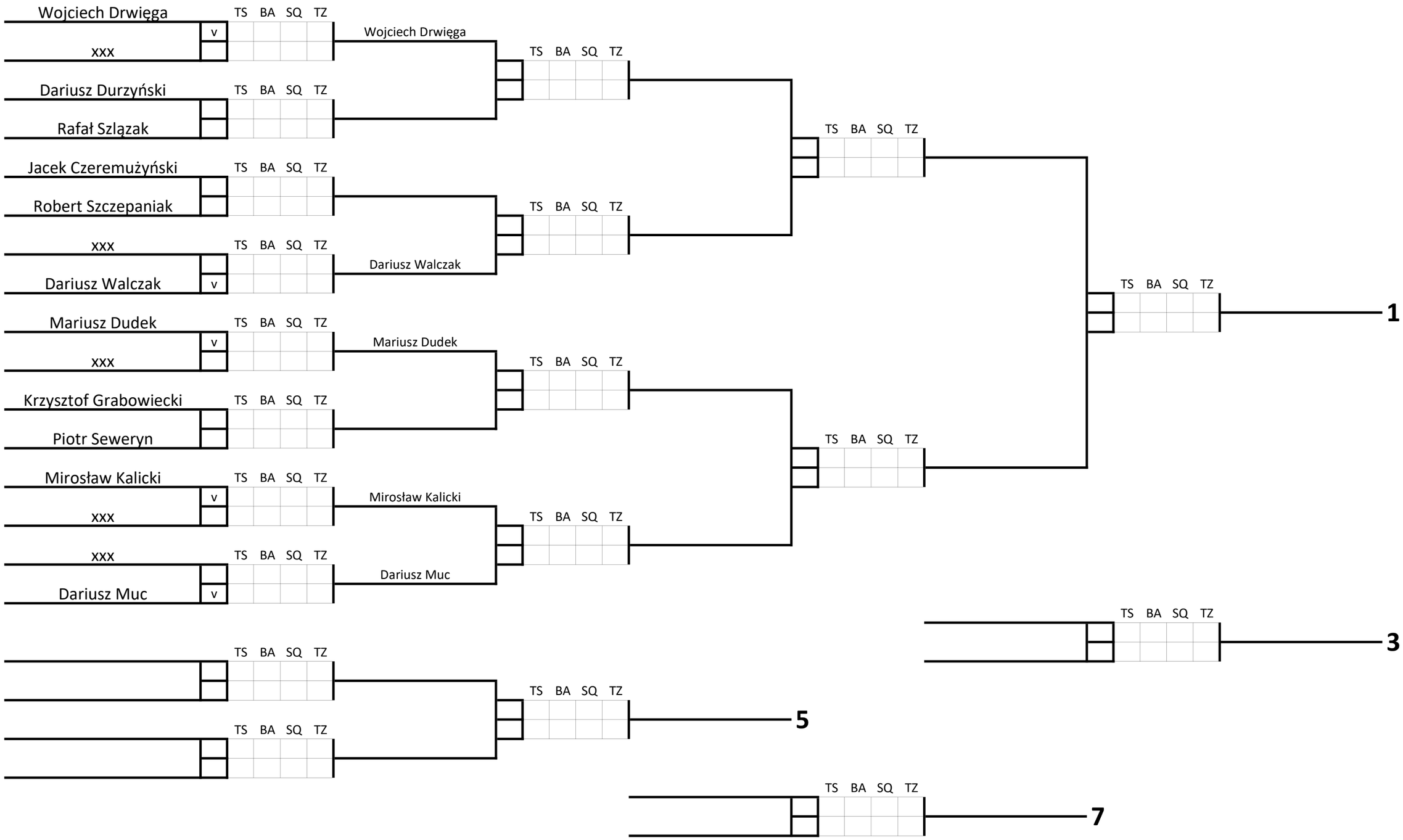KATEGORIA 45 +